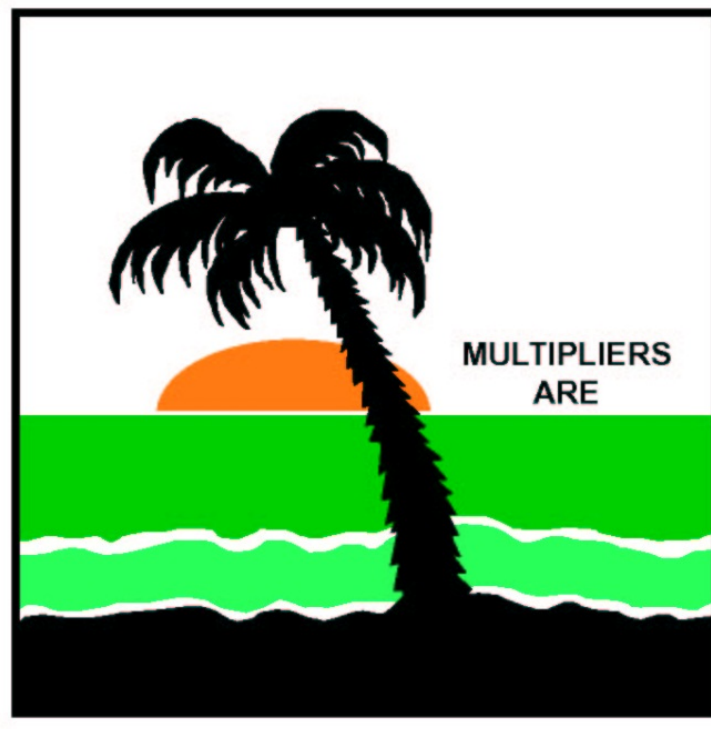


Compliments of Florida Contest Group



Contesting Do's & Don'ts

October 2012

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Contesting Do's and Don'ts.

Dos before the Contest

- **READ THE CONTEST RULES!!! EVERY TIME!!!**
- Plan ahead for the contest
- Do all necessary antenna work far in advance
- Know your contest strategy in advance
- Know your category – SO, SO Assisted, Multi-single, Multi-two, Multi-multi
- Know the category's off-time rules, if any
- Know the category's band-change rules, if any
- Select your power level. Consider if the contest rules allow for a power multiplier when making your decision of QRP, LP, or HP.
- Select your logging software – N1MM+, WinTest, WriteLog, CQ/X, N3FJP, etc.
 - **Download your logger's software documentation and study it like you never studied anything before!** Learn important keyboard commands, like send a report, send a TU, grab a spot, rotate antenna, enter a note, enter a new op ("OPON), etc. Keyboard commands will save you time by allowing you avoid grabbing the mouse!
- Load logging software and test with your transceiver
- Update SDR radios and logging software to latest release
- Record and test CW and/or voice messages in advance
- Make sure your signal is clean – no key clicks or SSB splatter
- If multi-op, setup and test your inter-station network and access to the Internet for packet spots.
- If multi-op, prepare an operator plan, band by band and hour by hour
- If multi-op, advise your ops to use "OPON" so they are identified in the log
- If using packet, select the cluster to be used, and set up filters as necessary
- If using packet, decide if you are going to use the Skimmer
- Choose your goals, such as breaking an existing record, making 1,000+ QSOs

Contesting Do's and Don'ts.

- Prepare your station, antennas and logging program and test everything in advance...and test again!
- Prepare snacks, drinks, meals in advance
- Know your sleep and break plan in advance – set the alarm clock
- Know the log-submittal deadline
- Be active on the air at least a couple days before the contest...get a "feel" for the bands and propagation.
- Check NG3K.com to see who is going to be active from the rarer locations. Keep the list handy during the contest
- Synchronize your computer clock to WWV or the Internet

Do's during the Contest

- Start on time
- Send your full call when calling another station...no partial calls
- **Be Quick and Stay Focused!!!! Avoid time-wasting words, comments or conversations**
 - **This is one of the biggest faults of untrained ops**
- Pay attention to any band-change rules
- Pay attention to any off-time rules
- When running gets slow, turn the key speed down. If on phone get the "friendly voice" out.
- Don't be a packet rat. Listen for the guy's call; don't just log him from the cluster. It will save you from a busted Q or taking wasted time to work a dupe.
- Record notes about any questionable QSOs during the contest. (In most logging software, Alt-N will record a note on the fly.)
- Work dupes...don't argue whether or not the station is a dupe
- If you are working from a DX location, and you start to get a string of dupes, it means that your call has been mis-spotted. If this happens,

Contesting Do's and Don'ts.

change your frequency and start a new pile up. (Advice from Alex, W2OX/V47KP)

- Tune in the direction of the sideband – tune up for USB, tune down for LSB.

Dont's During the Contest

- **Don't** have key clicks on CW or splatter on SSB
- **Don't** send or say any unnecessary words or comments
- **Don't** send "UR" or "NR" in Sweepstakes
- **Don't** send "BK"
- **Don't** say "please copy"
- **Don't** say "good luck in the contest"
- **Don't** say "good luck in Field Day" (Yes, we know that FD is not a contest!)

After the contest

- Save and backup your log file to another computer or flash drive
- Turn off your rig and disconnect antennas
- Resolve any notes that were recorded during the contest
- Create your Cabrillo file and review for correctness
- Write a Soapbox if you are so inclined
- Immediately report your score to 3830Scores.com:
 - <https://3830scores.com/>
- Submit Cabrillo file to contest sponsor before the deadline
- Report to your family that you are alive and well!

For any contest entry:

- Read the rules BEFORE THE CONTEST! Not only will you be able to determine your entry category, you may also find out activity band segments, rules changes, etc.

Contesting Do's and Don'ts.

- Determine if the contest rules allow for a power multiplier.
- If your goal is to “win” (section awards, etc.), look over previous results either in QST, CQ, 3830 archives on “contesting.com” or the event sponsor’s website. Results from previous years, while not completely reliable (think different conditions, activity, etc.), can give direction to your choice of entry category, goals and planning.
- Establish a goal for your effort: Beat my buddy, beat my last year’s score, work new ones, contribute max score for FCG, keep my butt in the chair for X number of hours or “just have some fun.”
- Determine your best historical score for this contest, and post it in front of you as a goal to beat this time.
- Know your station’s strengths and weaknesses. Spend more time on bands & modes that work well with your station.
- Know propagation, sunrise/sunset times, etc. Being at the right place at the right time will help your score.
- Display your loggers “gray line” map to watch for sunrise/sunsets in target areas, such as deep Asia, Eastern EU, Western EU.
- Know your rig’s capabilities and know how to use them. Knowing how to quickly go split can often earn one a QSO while others are fumbling to remember where the VFO B button is.
- If your radio has 2nd Receiver capability, use the 2nd RX to Search and Pounce (S/P) in other portions of the band where you are not CQ’ing. Also try tuning both RX’s at the same time while you’re doing S/P. Start at the bottom of the band with one VFO and the top of the band with the other. This takes some practice, but you’ll find your S/P rates will improve once you get the hang of it.
- For single RX operators, search and pounce from the bottom of a band to the top. The lower portion of any band is often where you’ll find easier to work,

Contesting Do's and Don'ts.

bigger signals. “Big Gun” stations know this and try to stay in the lower half of band segments. Use this knowledge to either make easy Q's, or avoid butting heads with the “big boys.”

- As you move up the band, you increase your chances of finding a space in which to CQ.
- Use a band scope (e.g., Elecraft P3 scope, Icom scope) to literally view the band with your eyes – to spot open slots for CQ'ing, to avoid splattering SSB signals, to spot signals on a “dead band”.
- Know the logger commands to use to “grab” spots from the bandmap. Ctrl up arrow/down arrow will do this in N1MM+
- When starting to S/P on a band, put band edge frequencies into your radio's memory or simply type the frequency into the call sign field of your logging program and press enter. This saves time so that you don't have to manually dial your radio to the edge.
- Consider “thinking out of the box” for an entry. For example, K8MR fights the SS “Sunday blues” by dividing the contest into 5 or 6 hour operating periods at up to 4 different stations. He is always “fresh meat” at each stop and always aspires to have a total score for his multiple entries to be better than the #1 S/O score.
- Invite someone to operate your station if you can't get on, or organize a multi-op entry. This is a great opportunity to teach or learn contesting skills. It's also a great opportunity to enjoy the fellowship of like-minded testers.

When planning a part-time contest entry:

- Know what bands, modes and operating times will maximize your goals for the amount of time that you can spend on the air.
- Unless you are philosophically opposed, use packet or Reverse Beacon Network (RBN) assistance to increase score and enjoyment. While unassisted

Contesting Do's and Don'ts.

operating is a greater challenge and perhaps offers more personal reward, operating with Packet/RBN can be a great learning tool for those not familiar with openings and activity. WARNING: Use of Packet can be hazardous to your score by giving you BAD information (think broken calls). In the words of one famous guy, "Trust but verify."

For a low-power entry:

- Search and pounce operation will make up a good portion of your Q's, but don't be afraid to call CQ if you find an open spot in the band.
- Choose your CQ spots/bands/modes intelligently. For example, don't open up with your mighty 100w on top of someone you know is running higher power and better antennas.
- Spending a few minutes calling "CQ Contest" loses little and there is much to be gained. The numbers of operators that are tuning a band far exceed those who are calling CQ. If you find a spot (after a quick "QRV"), jump in. You might be surprised at the result.
- Be prepared to QSY after a few minutes of unanswered CQs or if someone decides that they like that frequency as much as you do. Ego and playing "macho man" in a frequency fight usually doesn't improve your score. Often those fights inevitably result in the station with the weaker signal moving on. Don't give the frequency away at the first hint of the presence of another station, but recognize that when stations start answering someone else on your frequency, it's time to QSY. Your score and your blood pressure demand it!

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Contesting Do's and Don'ts.

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